



WOODFORD COUNTY
LIBRARY

REFIT DANCE FITNESS



Wed. March 11 and 25 | 6 - 7PM

Midway Branch, 400 Northside Dr, Midway.

(Adults, Teens 12-18) Grab a friend or neighbor and join us for this dance-themed exercise. In just thirty minutes, you'll relieve stress and enjoy moving to the music. Wear tennis shoes and bring a water bottle.

Please RSVP for this program



Woodford County Library

www.woodfordcountylibrary.org

Got Any Questions?

Please Call (859) 846-4014

